

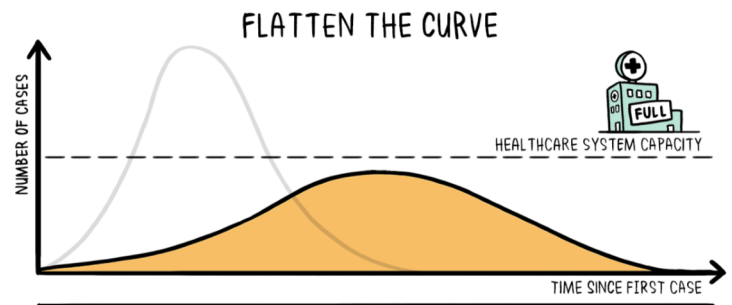
COVID-19: Flatten the Curve!



Gallatin
County
Emergency
Management

Preparing Our Community

Following the actions below will help spread out the impact to our community over time by minimizing your risk of exposure. COVID-19 will not disappear in the near term, but through smart practices we can slow how quickly it spreads which helps keep the effect on our health care system manageable.



Be Smart About Personal Hygiene:

- ⇒ If you think you may be sick, stay home and consult your physician. *Don't share with others!*
- ⇒ Wash your hands regularly with soap and water for 20 seconds straight. Supplement with hand sanitizer.
- ⇒ Avoid touching your face and cough into your elbow.
- ⇒ Keep communal spaces disinfected on a regular continual basis.
- ⇒ Don't share cups, dishes, utensils, etc...

Be Smart About Social Distances:

- ⇒ 6 feet is considered the safe distance to avoid exposure from coughing.
- ⇒ Consider spreading out your workspaces or increasing your telework capacity.
- ⇒ Expand your distance between staff and public.
 - ⇒ If visitors are sick, send them away.
 - ⇒ Implement standing or seating marks at public counters for customers to stay behind.
- ⇒ Evaluate the necessity for in person meetings & gatherings. Utilize video and phone conferencing capabilities.

Resources available through [ReadyGallatin.com/covid-19](https://www.readygallatin.com/covid-19)